

ADULT Fall /Winter Tennis Programs

All PRC programs are open to the Public
Advanced registration required & full session descriptions:
www.parkerracquetclub.com/tennis

Beginner Drill

- Monday 8:30 – 9:30 AM
 - Saturday 11 - 12 PM
- \$20/day, 6 pack/\$100 member
\$30/day, 6 pack/\$150 non-member

Advanced Beginner Drill

- Tuesday 6 – 7 PM
 - Friday 8 – 9 AM
 - Saturday 12-1 PM
- \$20/day, 6 pack/\$100 member
\$30/day, 6 pack/\$150 non-member

Lunch Time Drills

- Monday 12:30 – 2 PM
 - Wednesday 12:30 – 2 PM
 - Friday 12:30 - 2 PM
- \$20/day, 6 pack/\$100 member
\$30/day, 6 pack/\$150 non-member

Cardio Tennis

- Wednesday 7:30 – 8:30 AM
 - Friday 7:30 – 8:30 AM
- \$20/day, 6 pack/\$100 member
\$30/day, 6 pack/\$150 non-member

Drop-in-Drills

Please register online:

- Tuesday 9 – 10:30 AM
 - Saturday 9:30 – 11 AM
 - Sunday 10 – 11:30 AM
- \$12/day, 10-pack/\$100 member
\$20/day, 10-pack/\$170 non-member

NTRP Leveled Drills

- M 2.5 / W 3.0
- Tuesday 7 - 8:30 PM
 - Wednesday 9:30 - 11 AM
- M 3.0 / W 3.5
- Thursday 9:30 – 11 AM
 - Friday 6 - 7:30 PM
- M 3.5 / W 4.0
- Thursday 7 - 8:30 PM
 - Friday 9 – 10:30 AM
- M 4.0 / W 4.0
- Tuesday 6 – 7:30 PM
 - Saturday 11 – 12:30 PM
- \$20/day, 6 pack/\$100 member
\$30/day, 6 pack/\$150 non-member

Three and a Pro: Simulated Doubles

- 90 Minute Sessions
 - Schedule with your Pro of Choice
- \$45 per member / \$55 per non-member

Weekend Mixer: Members FREE

- Every Saturday 5 – 6:30 PM
- Free for PRC Members
\$20/day, 10 pack/\$150 non-members
**Sign Up 24 Hours in Advance for non-members*



Full session descriptions & registration:

www.parkerracquetclub.com/tennis

Advance registration is required for ALL programs
SPACE IS LIMITED!!

ADULT

Fall / Winter Program Schedule

Registration required, session descriptions
www.parkerracquetclub.com/tennis



- Drop in Drill: 10 - 11:30 AM * registration required



- Beginner Drill: 8:30 – 9:30 AM
- Lunch Time Drill: 12:30 – 2 PM



- Drop in Drill: 9 – 10:30 AM* registration required
- Advanced Beginner: 6 – 7 PM
- NTRP M 4.0 / W 4.0: 6 – 7:30 PM
- NTRP M 2.5 / W 3.0: 7 – 8:30 PM



- Cardio Tennis: 7:30 – 8:30 AM
- NTRP M2.5 / W 3.0: 9:30 – 11 AM
- Lunch Time Drill: 12:30 – 2 PM



- NTRP M 3.0 / W 3.5: 9:30 – 11 AM
- NTRP M 3.5 / W 4.0: 7 – 8:30 PM



- Cardio Tennis: 7:30 – 8:30 AM
- Advanced Beginner: 8 – 9 AM
- NTRP M 3.5 / W 4.0: 9 – 10:30 AM
- Lunch Time Drill: 12:30 – 2 PM
- NTRP M 3.0 / W 3.5: 6 – 7:30 PM



- Drop in Drill: 9:30 – 11 AM * registration required
- Beginner Drill: 11 – 12 PM
- Advanced Beginner: 12 – 1 PM
- NTRP M 4.0 / W 4.0: 11 – 12:30 PM
- Weekend Mixer: 5 – 6:30 PM – **FREE for members**