



Adult Fall & Winter Tennis Schedule

All Programs are open to the Public

Advanced registration required | www.parkerracquetclub.com/tennis

NTRP Leveled Drills

Grouped by NTRP skill level to ensure competitive, well-matched drills for every player.

Drill Packages only good for the drill with the same title

Member: \$20/day, 6 pack for \$100 | Guest: \$34/day, 6 pack for \$185

M 2.5/W 2.5

- Thursday 7 – 8:30 PM
- Friday 9:30-11 AM

M 2.5/W 3.0

- Monday 7 – 8:30 PM
- Wednesday 9:30 - 11 AM
- Saturday 11 - 12: 30 PM

M 3.0 / W 3.5

- Tuesday 7 - 8:30 PM
- Thursday 9:30 – 11 AM
- Friday 5:30 - 7 PM

M 3.5 / W 4.0

- Wednesday 7 – 8:30 PM
- Thursday 12 – 1:30 PM
- Friday 9 – 10:30 AM

M 4.0 / W 4.0

- Tuesday 7 – 8:30 PM
- Saturday 11 – 12:30 PM

M 4.0 / W 4.5

- Friday 12:30 – 2 PM

M 4.5 / W 4.5

- Monday 9:30 – 11 AM

Live Ball Tennis Drills

Grouped by NTRP skill level, a music pumping drill that keeps your moving with continuous point play.

Drill Packages only good for the drill with the same title

Member: \$26/day, 6 pack for \$140 | Guest: \$40/day, 6 pack for \$220

Live Ball Tennis 3.5:

- Monday 9:30 – 11 AM
- Monday 12 – 1:30 PM
- Monday 8:30 – 10 PM
- Wednesday 12 – 1:30 PM
- Thursday 7 – 8:30 PM

Live Ball Tennis 4.0:

- Monday 7 – 8:30 PM
- Wednesday 10:30 – 12 PM
- Wednesday 7 – 8:30 PM
- Wednesday 8:30 – 10 PM

All Level Tennis Drills

Let's Hit Drill

Pure hitting with minimal instruction

Drill Packages for Let's Hit– 8:1 student to pro ratio

Member: \$12/day, 10 pack for \$100

Guest: \$24/day, 10 pack for \$220

- Saturday 9:30 – 11 AM
- Sunday 9:30 – 11 AM

Lunch Time Drills

All-level drill featuring instruction and live play

Drill packages for Lunch Time – 6:1 student to

Member: \$20/day, 6 pack for \$100

Guest: \$34/day, 6 pack for \$185

- Monday 12:30 – 2 PM
- Wednesday 12:30 – 2 PM
- Friday 12:30 – 2 PM

All Drills are Open to the Public | Advance registration is required

All drills have a 24 hour cancellation policy | Drills with less than 4 attendees run 60 minutes



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Specialized Drills

Pricing for Tennis 101, Doubles Drill & Play, Cardio Tennis

Drill Packages only good for the drill with the same title

Member: \$20/day, 6 pack for \$100 | Guest: \$34/day, 6 pack for \$185

Tennis 101 – Beginner Drill

- Monday 8:30 – 10 AM
- Saturday 12:30 - 2 PM

Doubles Drill & Play 3.5

- Tuesday 12-1:30 PM

Cardio Tennis All Levels

- Tuesday 8 – 9:30 AM

Singles Drill & Play 3.0 / 3.5

Master the singles court with targeted strategy drills and match play.

Member: \$35/day | Guest: \$47/day

- Tuesday 12-1:30 PM

Activate / Stroke of the Month – Free for Members

A 90-minute power session combining 45 minutes of stroke technique and 45 minutes of fitness.

Member: Free | Guest: \$20/day

- Wednesday 9 – 10:30 AM

Weekly Schedule

Sunday

- Let's Hit : 9:30 – 11 AM

Monday

- Tennis 101: 8:30 – 10 AM
- NTRP M4.5 / W4.5: 9:30 – 11 AM
- Live Ball 3.5: 9:30 – 11 AM & 12 – 1:30 PM & 8:30 – 10 PM
- Lunch Time Drill: 12:30 – 2 PM
- NTRP M2.5 / W3.0: 7 – 8:30 PM
- Live Ball 4.0: 7 – 8:30 PM

Tuesday

- Cardio Tennis: 8 – 9:30 AM
- Singles Drill & Play 3.0/3.5: 12 – 1:30 PM
- Doubles Drill & Play 3.5: 12 – 1:30 PM
- NTRP M4.0 / W4.0: 7 – 8:30 PM
- NTRP M3.0 / W3.5: 7 – 8:30 PM

Wednesday

- Activate: 9 – 10:30 AM
- NTRP M2.5 / W3.0: 9:30 – 11 AM
- Live Ball 3.5: 12 – 1:30 PM
- Lunch Time Drill: 12:30 – 2 PM
- NTRP M3.5/W4.0: 7 – 8:30 PM
- Live Ball 4.0: 10:30 – 12 AM & 7 – 8:30 PM & 8:30 – 10 PM

Thursday

- NTRP M3.0 / W3.5: 9:30 – 11 AM
- NTRP M3.5 / W4.0: 12 – 1:30 PM
- Live Ball Tennis 3.5: 7 – 8:30 PM
- NTRP M2.5 / W2.5: 7 – 8:30 PM

Friday

- NTRP M3.5 / W4.0: 9 – 10:30 AM
- NTRP M2.5 / W2.5: 9:30 – 11 AM
- Lunch Time Drill: 12:30 – 2 PM
- NTRP M4.0 / W4.5: 12:30 – 2 PM
- NTRP M3.0 / W3.5: 5:30 – 7 PM

Saturday

- Let's Hit 9:30 - 11 AM
- NTRP M2.5 / W3.0: 11 – 12:30
- Tennis 101: 12:30 – 2 PM
- NTRP M4.0 / W4.0: 11 – 12:30

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